



The Preferred Care Medication Therapy Management Program (MTMP)

MTMP is a feature of Preferred Care Medicare Prescription Drug Plans. The program is for qualified members and may assist people that meet the following criteria:

- multiple chronic diseases such as congestive heart failure, diabetes, chronic obstructive pulmonary disease, asthma, end-stage renal disease, and oncology
- multiple Part D medications as determined by our Pharmacy Benefit Manager (PBM) in conjunction with the Preferred Care Pharmacy and Therapeutics Committee
- likely to incur annual costs for covered Part D drugs that exceed \$4,000

Why is MTMP important?

MTMP helps identify potential errors and gaps in your care. MTMP:

- Helps reduce the risk of medication errors, especially if you have chronic conditions, take several medications or see multiple doctors and other care providers;
- Provides current information on proven medical practices to help you and your doctor determine the most effective treatment;
- Helps you understand your condition and medications, so you can take an active role in managing your health.

What are the benefits of MTMP for me?

Preferred Care pharmacists and clinicians may communicate with you and your doctor to help you understand your condition and the prescriptions you take, whether they are right for you, and if you are taking them according to your doctor's directions.

Your MTMP participation may help improve your overall health and reduce your risk for serious medication reactions, hospitalization and emergency room visits.

What will MTMP Cost Me?

There is no extra cost for the program.

How will I know if I'm part of MTMP?

A representative from Preferred Care may contact you about participating in this voluntary program.