

From Chiropractors to Fitness Gear

Exclusive Member Discounts

Members enjoy savings on a wide range of health and wellness products and services that inform and inspire a healthy lifestyle. Some of our most popular discounts include:

Nutrition & Weight Loss Programs

Including special offers from Jenny Craig® and Jazzercise®.

Fun Activities for the Whole Family

Get out there and be active with savings on boating, ice skating and more!

Eyewear and Vision Improvement

Special Lenscrafters® discounts and savings on Lasik laser eye surgery from participating health care professionals.

Teeth Whitening

Area dental practices offer special smile-brightening discounts on whitening procedures.

New for 2009! The ChooseHealthy™ Discount Network

Members can visit our Web site to print discount certificates for:

Chiropractic and Acupuncture Care, Massage Therapy and Dietetic Counseling*

Access to more than 20,000 credentialed providers who offer a 25% discount as part of the ChooseHealthy discount network.

Fitness Clubs and Exercise Centers

Get "best pricing" on membership and a free trial offer at 15,000 facilities participating in the ChooseHealthy discount network.

Product Store

Receive up to 40 percent off suggested manufacturer's retail pricing on herbal, homeopathic, vitamin, fitness products, and more from the ChooseHealthy online store, with free shipping on most items.

Taking advantage of these discounts is simple. Members present their health plan ID card (or present a ChooseHealthy discount certificate) and ask for the discount at any participating location. A complete list of Member Discounts is available on our Web site.

For more information, visit www.preferredcare.org

* ChooseHealthy is a discount program; it is NOT insurance. ChooseHealthy is a product of American Specialty Health Networks, Inc. The program provides discounted complementary health care services from participating providers. You are required to pay for all services in full but will receive a discount from contracted providers. You should check any insurance benefits you have before using this affinity program, as those benefits may result in lower cost to you than using this program. ASH Networks does not make payments directly to the participating providers and is not responsible for any portion of the costs associated with services provided through ChooseHealthy. ASH Networks has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered. ChooseHealthy is a trademark of American Specialty Health Incorporated.

